

Grandfamilies is
a 10 week support,
education, and
resource program!

Grandfamilies

10 Week Topic Schedule

Designed to help caregivers and children navigate the unique challenges that come with being in a kinship family.



- Week 1** **Adults Group: Grandfamilies Program Overview and What is Kinship Care**
Children's Group – Introduction to Interpersonal Skills
- Week 2** **Adults Group: Do I Have Rights?**
The need for permanency and legal issues for relatives as caregivers
Children's Group – Developing a Healthy Self-Esteem
- Week 3** **Adults Group: Loss/Grief and attachment Issues of Children in Kinship Care**
Children's Group – Identifying and Expressing Feelings
- Week 4** **Adults Group: Why Can't We Be A Family Again?**
Children's Group – Identifying and Managing Feelings
- Week 5** **Adults Group: The Dynamics of Kinship Families**
Raising a relative's child and the impact on the entire family
Children's Group – Kinship Family Dynamics
- Week 6** **Adults Group: Parenting Two Generations**
How to deal with your adult child by establishing appropriate boundaries and ending the enabling
Children's Group – Learning Healthy Coping Skills
- Week 7** **Adults Group: Parenting The At Risk Child**
Information for caregivers in understanding the behavior of the children they are raising
Children's Group – Overview of the Effects of Drugs and Alcohol
- Week 8** **Adults Group: Substance Abuse and Addiction**
Children's Group – Handling Peer Pressure
- Week 9** **Adults Group: Risk and Protective Factors for Children in Kinship Care**
Children's Group – Anger Management Techniques
- Week 10** **Adults Group: What About Me?**
The personal realities for relative caregivers
Children's Group – Social Skills

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